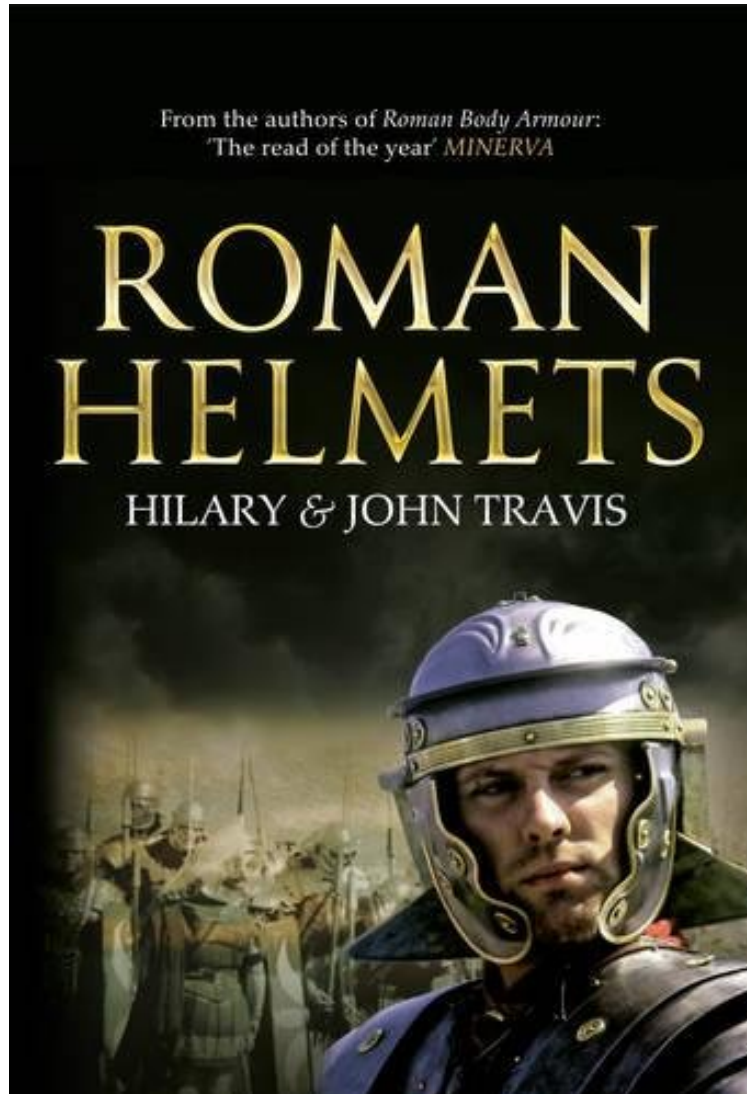


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Roman Helmets

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0 of 1 people found the following review helpful. Five StarsBy Margiegreat book for readers of roman history2 of 2 people found the following review helpful. A Must-Have Book for the Roman HistorianBy Joseph D. White, Jr."Roman Helmets" is one of three excellent books by these authors on the design, evolution, and production of Roman armor. In "Roman Helmets" the authors provide a detailed evolution of the helmets and how the helmets were manufactured. Manufacturing helmets, and other weapons and armor, was no small feat when one considers the number and distribution of soldiers. The information in this book provides insight into how the armor was manufactured and then sent to the frontiers and internal forces. In addition, this book explains how the armor evolved

to meet new battle tactics as well as being more easily manufactured during later periods. The illustrations are excellent and the pictures quite fun. This is an enjoyable book for the amateur historian and an important addition to a professional library.

The Roman military is an iconic, ancient institution; everybody is familiar with the image of fearsome Roman centurions marching in their famous columns. In this book, Roman military experts Hilary and John Travis turn their attention to the helmets used by the historic Roman stalwarts, drawing on their expertise, their wealth of illustrated material and the world of reenactments. There are currently two different methods in use in the identification of Roman helmet types: the British system, based on developmental progression and features indicating the geographical area of manufacture; and the much simplified Continental system, based on named find locations. In this study of helmets used by the Romans, *Roman Helmets* draws together the streams of published information of sculptural imagery and archaeological hard evidence, while also comparing these dual typologies, discussing their strengths and weaknesses.

Roman Helmets was written to address the current lack of up-to-date research into Roman military equipment. It examines ancient literature, sculptures, wall paintings, art, and archaeological finds to produce more reliable, evidence-based views of the Roman military, suggesting that there was a range in equipment used that served a variety of military functions. This book is part of a series restricted to a study of defensive armor deemed to be the most essential in equipping the earliest Roman armies, discussing the most commonly used materials, including bronze, iron, leather, and wood. In particular, this text addresses the origins of the Roman helmet and its developmental progression in shape and function. (PROTOVIEW) About the Author Hilary Travis holds a Masters and Honours Degrees in Archaeology. In addition to over 20 years experience as an archaeologist, she also has over 20 years combat experience in Japanese martial arts, and over 10 years in reconstruction of Roman and medieval period artefacts. John Travis is an established author, his first book, *Coal in Roman Britain*, was based on his PhD thesis. He holds a Masters Degree and Doctorate in Roman Archaeology from the University of Liverpool. He is an archaeologist with over 30 years experience, and an Associate member of the Institute of Field Archaeologists (AIFA). Both Hilary and John are active re-enactors, as members of both the Chester Guard (Deva VV) Roman Society and the Thomas Stanley Retinue (Wars of the Roses Medieval group).