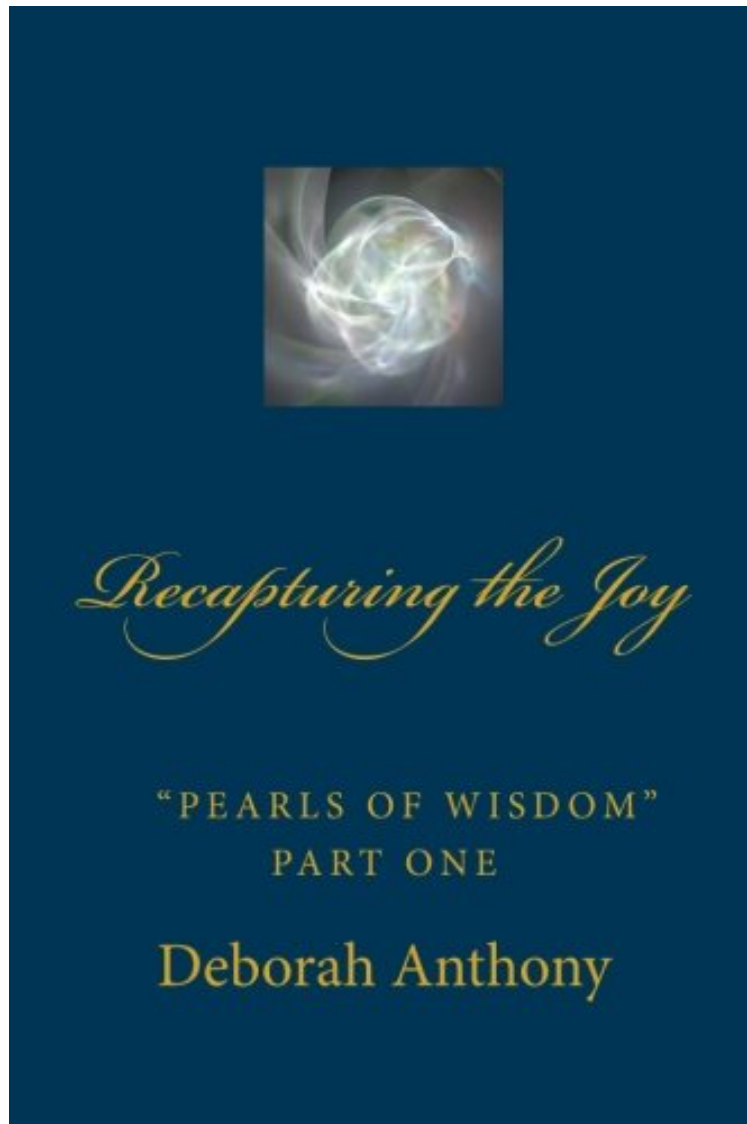


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## **Recapturing the Joy: Pearls of Wisdom Part One (Volume 3)**

**Deborah Anthony : Recapturing the Joy: Pearls of Wisdom Part One (Volume 3)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Recapturing the Joy: Pearls of Wisdom Part One (Volume 3):

"Pearls of Wisdom" Part One is a collection of quotations I have written during the course of my life. They have all

been a result of my own life experiences. They are ones most people can relate to and make a connection with. Each is accompanied by a picture which is reflective of the particular pearl being shared. It is my wish for them to either put a smile on your face or give you something to hold on to in the tough times. Much love ~ Deborah

About the AuthorHi Everyone! My name is Deborah Anthony and I am from Beaver Bank, NS, Canada. I am someone who loves life, lives to love and laugh, and approaches everything and everyone I attach myself to unconditionally and with faith and trust. I do so with the intent that such will be for as long as it is supposed to last. I was born into a loving middle-class family in Halifax, NS. I am a polio survivor from a very young age. After age 2, the next 13 years were spent either in a hospital operating room, on the sofa at home, or at physio. I was afforded the opportunity and gift to view life in the outside world from a distance before I was able to step into it full tilt and that experience provided valuable insights into life that most do not acquire until much later in life. I was lucky. I began working at the tender age of 17 in a public service capacity for the Royal Canadian Mounted Police, a career I loved and which lasted for 11 years until I became a Mom. Future careers would turn out to be in administration, marketing and promotions roles within the retail and health and wellness industries. I married in 1973 and became a Mom in 1978, 1980, 1988, and 1989. I have been very blessed. I became a bereaved Mom in 1984, a single Mom in 2002, a healed bereaved Mom in 2004, and in 2006 started writing and authored a book for bereaved parents. *Recapturing the Joy ~ A Journal for Bereaved Parents*. A starting point for bereaved parents to work toward recapturing their joy of life which is stolen when a child dies. My goal is to create a *Recapturing the Joy* book series and installment two "Bridging the Grief Gap" for both griever and non-griever has recently been published, along with installment three "The Art of Journaling". "Pearls of Wisdom" Part One is my latest publication. I recently completed a contributing author piece for a book to be released soon by another Nova Scotia writer. I felt honored to participate in this endeavor. My personal joy is derived from working with other bereaved parents in aiding them to re-learn how to live the joy of sorrow. Many speaking engagements have come my way, my days are filled with connections from around the world, and I absolutely love working in this safe environment I have created where joy and sorrow easily, comfortably, and lovingly keep company. Much love ~ Deborah