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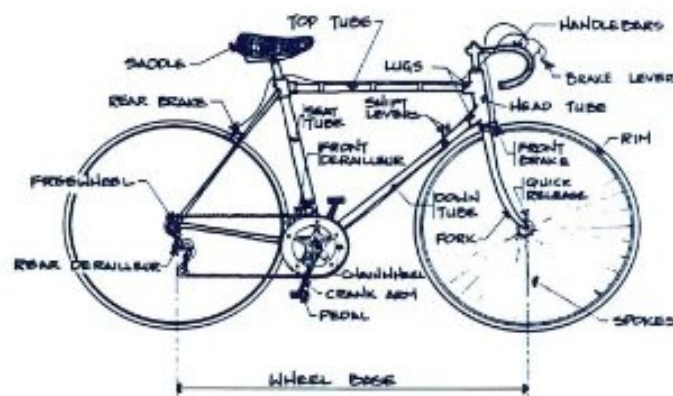
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The Roadside Guide to Bike Repairs

2nd Edition

by **Dennis L. Coello**

Author of Living on Two Wheels



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Be Good to Yourself

Dennis Coello : Be Good to Yourself before purchasing it in order to gauge whether or not it would be worth my time, and all praised Be Good to Yourself:

If you wince at the thought of a flat tire or dread the day you're faced with putting a chain back on its derailleurs, this is your kind of repair book. The Roadside Guide to Bike Repairs is exactly what its name implies - an easy to use and easy to carry guide to repair problems that can suddenly confront any biker. Clear, detailed drawings and simple

instructions help you pinpoint your problem and show you how to solve it, step-by-step. There's a list of tools you should carry, a set of instruction on how to use them and discussion on how not to use them., the author even includes a section on catalogues and mail order suppliers that tells you how to get the best possible equipment for the least amount of money.

From the Back CoverThis is a book for anyone who has ever been called an under-achiever or who fears that they may never be able to fulfill their own potential or early promise. It defines the traits, which can prevent success and explores the thinking habits, which create a negative self-image. It also explains how we often create our own failures by unconsciously projecting certain kinds of poor self-image onto other people. Along the way it discusses stress, energy-loss and the inability to become involved in life around us. At the same time it points to ways out of this maze of failure provoking traits. MacKenzie's simple and positive analysis of the

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initials, or those of a newlywed couple. A childs name, a favorite word, an anagram. Youll think of many ways to use these elegant little plaques, and many places to display them: on a door, on a wall, looped on a knob or hung from a nail. Each is a single script-style letter, laminated on wood with antiqued fine-crackle finish and metallic gold edging.

Black satin hanging ribbon included. Made in USA. 6Hx4-

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The Wall Street Journal"The perfect gift for the retired couple moving to a smaller space or the first-time

homeowner."-- Marianne Binetti, Bellevue Journal-American"Yang writes knowingly and gracefully of every aspect of her subject."-- Arthur Bertelson, St. Louis Post-Dispatch"[An] excellent reference work."-- Mia Amato, San Francisco Examiner"A mere roster of subjects doesn't convey the fun of reading [this] book."-- Lisa Miller Cagle, The Decatur DailyAbout the AuthorDennis Coello is the author of numerous bike books and videos. He writes for major bike magazines, conducts bike clinics across the USA and has traveled around the world on nothing but a bicycle.

Dennis owns no car and lives his life entirely on a bike.